

Tekki Nidan

Tekki Nidan is the shortest *Tekki* kata, consisting of 24 movements. Similar to *Tekki Shodan* in many ways, this kata is also performed almost entirely in horse stance, with the exception of a few crossing steps and one *heisoku-dachi*. The objective in this kata is to develop grabbing, throwing, and locking applications while maintaining a strong *kiba-dachi*. To accomplish this, the student is introduced to many new techniques such as *ryo-zenwan-suhei-kamae*, *zenwan-shomen-gedan-kensei*, and *oshi-uke*. The use of *tsukami-uke* in this kata teaches how to draw an opponent in for counter-attack.

| # | Technique | Translation | Stance | Target | Notes |
|----|---|--|--------------------------|------------------|-------------------------|
| 1 | ryo-zenwan-suihei-kamae | horizontal forearms posture | -- | -- | kosa-ashi slow speed |
| 2 | zenwan-sokumen-uke / zenwan-suihei-mune-kamae | forearm block to side / horizontal forearm posture | kiba-dachi | chudan chudan | fumikomi |
| 3 | zenwan-shomen-gedan-kensei | forearm frontal low feint | -- | gedan | kosa-ashi |
| 4 | zenwan-sokumen-gedan-uke (oshi-uke) | low forearm block to side (pushing block) | kiba-dachi | gedan | |
| 5 | ryo-zenwan-suihei-kamae | horizontal forearms posture | heisoku-dachi | -- | slow speed |
| 6 | zenwan-sokumen-uke / zenwan-suihei-mune-kamae | forearm block to side / horizontal forearm posture | kiba-dachi | chudan chudan | |
| 7 | zenwan-shomen-gedan-kensei | forearm frontal low feint | -- | gedan | kosa-ashi |
| 8 | zenwan-sokumen-gedan-uke (oshi-uke) | low forearm block to side (pushing block) | kiba-dachi | gedan | |
| 9 | kao muki / koshi-kamae | face turning / hip posture | kiba-dachi | -- | |
| 10 | soete-uchi-uke | added-hand inside block | kiba-dachi | chudan | |
| 11 | koshi-kamae & fumikomi / mae-empi-uchi | hip posture & foot stomp / front elbow strike | ashi-dachi kiba-dachi | -- chudan | |
| 12 | tsukami-uke (koko-uke) | grasping block (tiger-mouth) | kiba-dachi | chudan | slow speed |
| 13 | kagi-zuki | hook punch | kiba-dachi | chudan | |
| 14 | jotai-sonomama | upper body as is | -- | -- | kosa-ashi |

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| | | | | | slow speed |
| 15 | fumikomi / uchi-uke | stomp kick / inside block | kiba-dachi | gedan chudan | |
| 16* | haiwan-uchi-nagashi- uke / gedan-uke & tate-uraken-uchi / zenwan-suihei-mune- kamae | back-arm inside flowing block / down block & vertical backfist strike / horizontal forearm posture | kiba-dachi | jodan gedan jodan chudan | ura-zuki variation |
| 17 | kao muki / koshi- kamae | face turning / hip posture | kiba-dachi | -- | |
| 18 | soete-uchi-uke | added-hand inside block | kiba-dachi | chudan | |
| 19 | koshi-kamae & fumikomi / mae-empi- uchi | hip posture & foot stomp / front elbow strike | ashi-dachi kiba-dachi | -- chudan | |
| 20 | tsukami-uke (koko-uke) | grasping block (tiger-mouth) | kiba-dachi | chudan | slow speed |
| 21 | kagi zuki | hook punch | kiba-dachi | chudan | |
| 22 | jotai-sonomama | upper body as is | -- | -- | kosa-ashi slow speed |
| 23 | fumikomi / uchi-uke | stomp kick / inside block | kiba-dachi | gedan chudan | |
| 24* | haiwan-uchi-nagashi- uke / gedan-uke & tate-uraken-uchi / zenwan-suihei-mune- kamae | back-arm inside flowing block / down block & vertical backfist strike / horizontal forearm posture | kiba-dachi | jodan gedan jodan chudan | ura-zuki variation |